

# 2018-19 Fitness Mileage Club

# BIKING

**Program Description:** After you workout, record your mileage to the nearest tenth of a mile on a Mileage Slip provided in the  
**Program Rewards: 1000 miles or more = a T-shirt!**  
**Seasonal Challenge: 250 miles or more = a small prize!**

## Mileage from September 1, 2018 to August 31, 2019

**Biking totals as of dates:**

**HGN:** 2/25/2019  
**Marion:** 2/24/2019  
**Stoney Point:** 3/1/2019  
**Mercy:** 2/26/2019

**Fall Fanatics**  
 Seasonal Challenge:  
**9/1 - 12/31/2018**

**Winter Warriors**  
 Seasonal Challenge:  
**1/1 - 4/30/2019**

**Summer Survivors**  
 Seasonal Challenge:  
**5/1 - 8/31/2019**

**T-Shirt Winners!**  
  
**Great Job!**

1000 miles and up		Mileage:			
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Connie Bird	HGN	648.00	357.00		1005.00
Ray Johnston	Mercy	1026.00			1026.00
					0.00
					0.00

250 to 999.9 miles		Mileage:			
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Bruce Frana	HGN	572.00	157.00		729.00
Carole Ungerer	HGN	341.00	32.00		373.00
Chris Lyon	HGN	350.70	195.90		546.60
Chris Mills	HGN	250.00	30.00		280.00
Dick Heft	HGN	526.00	157.50		683.50
Donna Butikofer	HGN	826.50	67.00		893.50
Eric Lockwood	Marion	221.63	179.55		401.18
Glenn Ungerer	HGN	502.50	160.00		662.50
Jan Vauthrin	HGN	545.00	190.00		735.00
Jim Bernstein	HGN	381.80	145.00		526.80
Karissa Schatz	HGN	265.00	113.00		378.00
Kevin Fox	HGN	171.00	103.00		274.00
Lori Winborn	HGN	163.00	100.00		263.00
Melissa Brockes	Mercy	249.20	58.00		307.20
Nick Dighton	Marion	710.00	203.00		913.00
Phil Lowder	Stoney	273.00	120.00		393.00
Rick Hays	Stoney	341.00	160.00		501.00
Samantha Johnson	HGN	404.14	136.76		540.90
					0.00
					0.00

125 to 249.9 miles		Mileage:			
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Don Overbaugh	HGN	144.00	5.00		149.00
Jan Blum	Stoney	103.82	44.00		147.82
Rita Burrell	HGN	208.00			208.00
					0.00
					0.00

0 to 124.9 miles		Mileage:			
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Alissa Klinsky	HGN	17.61	6.52		24.13
Ashley Lee	HGN		29.21		29.21
Betty Leeland	Marion	2.00			2.00
Bob Freese	Marion	20.00	37.00		57.00
Danielle Kunde	HGN		5.00		5.00
Devin Riden	HGN	9.00			9.00
Fred Stieglitz	HGN	29.65	36.50		66.15
Jeff Swanson	HGN	2.00	4.00		6.00
Jody Bernemann	HGN	23.25	1.00		24.25
Kaci Maire	Stoney	9.00			9.00
Karen Kopp	HGN		6.00		6.00
Kathy Geers	Mercy	94.50	9.00		103.50
Kathy Tedesco	Stoney	42.40			42.40

## 2018-19 Fitness Mileage Club

## BIKING

Jill Louzek	Stoney		3.00	3.00
Melissa McBride	HGN	8.00	12.00	20.00
Mike Jeffers	HGN	80.70		80.70
Nancy Pruin	Marion	69.00	12.00	81.00
Nancy Raue	Stoney		6.00	6.00
Patrick Regan	HGN	55.75		55.75
Robin Durain	HGN	6.25		6.25
Stan See	Stoney	14.00	14.00	28.00
Terri Fritcher	HGN	20.10		20.10
Tim Long	Stoney	30.00		30.00
Vicki See	Stoney	10.70	12.00	22.70
				0.00
				0.00
				0.00



# 2018-19 Fitness Mileage Club

# RUNNING

**Program Description:** After you workout, record your mileage to the nearest tenth of a mile on a Mileage Slip provided in the  
**Program Rewards: 400 miles or more = a T-shirt!**  
**Seasonal Challenge: 80 miles or more = a small prize!**

### Mileage from September 1, 2018 to August 31, 2019

Running totals as of dates:

**HGN:** 2/25/2019  
**Marion:** 2/24/2019  
**Stoney Point:** 3/1/2019  
**Mercy:** 2/26/2019

**Fall Fanatics**  
 Seasonal Challenge:  
**9/1 - 12/31/2018**

**Winter Warriors**  
 Seasonal Challenge:  
**1/1 - 4/30/2019**

**Summer Survivors**  
 Seasonal Challenge:  
**5/1 - 8/31/2019**

**T-Shirt Winners!**  
  
**Great Job!**

#### 400 miles and up Mileage:

Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Dan Montague	Mercy	376.35	214.65		591.00
Kaci Maire	HGN	515.55	132.15		647.70
Tim Phillips	Mercy	576.00	270.00		846.00
					0.00
					0.00
					0.00

#### 150 to 399.9 miles Mileage:

Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Chris Lyon	HGN	122.80	84.45		207.25
Deanna Haddy	HGN	211.50	58.00		269.50
Dick Heft	HGN	105.00	45.00		150.00
Doug Buchanan	HGN	191.00	62.00		253.00
Ellery Smith	HGN	183.70	88.45		272.15
Jason Brown	HGN	234.00	68.00		302.00
Kathy Geers	Mercy	155.50	12.00		167.50
Kevin Rice	HGN	141.00	65.00		206.00
Rita Burrell	HGN	176.00	81.50		257.50
					0.00
					0.00
					0.00

#### 80 to 149.9 miles Mileage:

Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Lori Winborn	HGN	88.50	42.50		131.00
Sheryl Dolan	Marion	94.25	46.00		140.25
					0.00
					0.00

#### 0 to 79.9 miles Mileage:

Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Aleksyia LeClere	HGN	2.70			2.70
Alissa Klinsky	HGN	36.96	8.78		45.74
Bob Freese	Marion	2.00	2.00		4.00
Bruce Kinner	HGN	33.45	10.00		43.45
Cade Smith	HGN	0.35			0.35
David Swailes	HGN		0.33		0.33
Devin Riden	HGN	7.60			7.60
Eric Lockwood	Marion	40.50	21.50		62.00
Greg Young	HGN	4.50	12.70		17.20
Isaiah Smith	HGN	0.35	0.45		0.80
Jeff Swanson	HGN		3.00		3.00
Jill Louzek	Stoney	1.00			1.00
Kelly Draper	Mercy	3.00	57.35		60.35
Mike Jeffers	HGN	38.80			38.80
Nick Gearhart	Marion	3.00			3.00
Phil Lowder	Stoney	0.50			0.50
Roger Anderson	Mercy	67.70	8.70		76.40
Tina Jeffers	HGN	37.30			37.30
					0.00
					0.00

# 2018-19 Fitness Mileage Club

# AEROBICS

**Program Description:** After you workout, record your mileage to the nearest tenth of a mile on a Mileage Slip provided in the  
**Program Rewards:** 100 classes or more = a T-shirt!  
**Seasonal Challenge:** 40 classes or more = a small prize!

## Mileage from September 1, 2018 to August 31, 2019

### Class totals as of dates:

**HGN:** 2/25/2019  
**Marion:** 2/24/2019  
**Stoney Point:** 3/1/2019  
**Mercy:** 2/26/2019

**Fall Fanatics**  
 Seasonal Challenge:  
**9/1 - 12/31/2018**

**Winter Warriors**  
 Seasonal Challenge:  
**1/1 - 4/30/2019**

**Summer Survivors**  
 Seasonal Challenge:  
**5/1 - 8/31/2019**

**T-Shirt Winners!**  
**Great Job!**

100 classes and more		Classes:			Total Classes:
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	
Connie Colby	Mercy	88	55		143
Jan Russell	Mercy	82	24		106
Jean Erickson	Mercy	110	59		169
Lorna Reinecke	Mercy	80	26		106
Rita Burrell	HGN	98	51		149
Rosemary Berckes	Mercy	86	48		134
Susan Anderson	Mercy	113	16		129
					0
					0

50 to 99 classes		Classes:			Total Classes:
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	
Bob Freese	Marion	39	23		62
Cathy Misfeldt	Mercy	44	16		60
Chris Kupka	Marion	58	33		91
Chris Mills	HGN	66	23		89
Deb Skelton	Stoney	63	9		72
Gwen Buchheim	Mercy	70			70
Jeannie Tarkington	HGN	39	11		50
Jenn Kinner	HGN	63	26		89
Jill Louzek	Stoney	43	31		74
Joyce Steffen	HGN	68	28		96
Kathy Loux	Mercy	60	20		80
Lisa Dighton	Marion	59	33		92
Lisa Johnson	HGN	39	12		51
Nancy Pruin	Marion	41	10		51
Pat Myers	HGN	56	32		88
Sheila Crook-Lockwood	Marion	64	21		85
Shirley Redmond	Mercy	26	29		55
					0
					0

25 to 49 classes		Classes:			Total Classes:
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	
Ann Larson	Marion	34	8		42
Brett Wheeler	Mercy	18	15		33
Carole Ungerer	HGN	26	3		29
Chris Lyon	HGN	18	10		28
Chris Waters	Marion	20	8		28
Donna Butikofer	HGN	35	9		44
Ellery Smith	HGN	26	6		32
Eric Lockwood	Marion	26	18		44
Jailyn Waters	Marion	22	8		30
Jan Blum	Stoney	23	22		45
Jenny Waters	Marion	29	13		42
Kathy Geers	Mercy	20	6		26
Lori Winborn	HGN	17	9		26
Miracle Waters	Marion	18	8		26
RL Mashek	Mercy	24	11		35
Roger Anderson	Mercy	30	6		36
Terri Fritcher	HGN	17	8		25
Traci Jones	Mercy	26	3		29
					0
					0

# 2018-19 Fitness Mileage Club

# AEROBICS

0 to 24 classes		Classes:			
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Classes:
Anna Hoefer	Marion	1			1
Andrea Byroade	Mercy	15	5		20
Betty Leeland	Marion	3	2		5
Bonnie Pisarik	HGN	5	2		7
Bruce Kinner	HGN		2		2
Carol Mast	Marion	1			1
Cindy Kettelkamp	Mercy	12			12
Danielle Kunde	HGN	6			6
Fred Stieglitz	HGN	5			5
Glenn Ungerer	HGN	15	3		18
H Keith Erickson	HGN	4			4
Heidi Gentry	HGN	4	4		8
Henry Keyes	Mercy	17	7		24
Janet Miersen	Marion	14			14
Jennifer Brennom	Marion	5			5
Kasie Heims	Marion		1		1
Kristin Hutson	Mercy	17	3		20
Laura Wheeler	Mercy		19		19
Lynn Smith	HGN		2		2
Margaret Debner	Mercy		12		12
Michelle Safavi	Mercy	18			18
Molly Mulherin	HGN		5		5
Robin Durain	Mercy	9			9
Roger Miersen	Marion	14			14
Shawn Jones	Mercy	10	2		12
Sheryl Dolan	Marion		6		6
Sue Stannard	HGN	4	6		10
					0
					0
					0

# 2018-19 Fitness Mileage Club

# SWIMMING

**Program Description:** After you workout, record your mileage to the nearest tenth of a mile on a Mileage Slip provided in the  
**Program Rewards: 60 miles or more = a T-shirt!**  
**Seasonal Challenge: 15 miles or more = a small prize!**

## Mileage from September 1, 2018 to August 31, 2019

### Swimming totals as of dates:

**HGN:** 2/25/2019  
**Marion:** 2/24/2019  
**Stoney Point:** 3/1/2019

**Fall Fanatics**  
 Seasonal Challenge:  
**9/1 - 12/31/2018**

**Winter Warriors**  
 Seasonal Challenge:  
**1/1 - 4/30/2019**

**Summer Survivors**  
 Seasonal Challenge:  
**5/1 - 8/31/2019**

**T-Shirt Winners!**  
**Great Job!**

<b>60 miles and up</b>		<b>Mileage:</b>			
<b>Member:</b>	<b>Branch:</b>	<b>9/2018 - 12/2018</b>	<b>1/2019 - 4/2019</b>	<b>5/2019 - 8/2019</b>	<b>Total Mileage:</b>
Brian McSpadden	HGN	66.00	22.25		88.25
Farhad Khorsand	HGN	186.00	51.00		237.00
Jeff Swanson	HGN	60.30	4.80		65.10
Ken Manzel	HGN	59.90	28.20		88.10
Lori Manzel	HGN	83.30	57.20		140.50
					0.00
					0.00

<b>30 to 59.9 miles</b>		<b>Mileage:</b>			
<b>Member:</b>	<b>Branch:</b>	<b>9/2018 - 12/2018</b>	<b>1/2019 - 4/2019</b>	<b>5/2019 - 8/2019</b>	<b>Total Mileage:</b>
Nancy Pruin	Marion	18.75	21.00		39.75
Nancy Raue	HGN	30.00	18.00		48.00
Vicki See	Stoney	36.75	14.00		50.75
					0.00
					0.00

<b>15 to 29.9 miles</b>		<b>Mileage:</b>			
<b>Member:</b>	<b>Branch:</b>	<b>9/2018 - 12/2018</b>	<b>1/2019 - 4/2019</b>	<b>5/2019 - 8/2019</b>	<b>Total Mileage:</b>
Eric Lockwood	Marion	14.30	8.52		22.82
Fred Stieglitz	HGN	20.01	9.00		29.01
Lori Winborn	HGN	15.67	7.51		23.18
Terri Fritcher	HGN		17.00		17.00
					0.00
					0.00

<b>0 to 14.9 miles</b>		<b>Mileage:</b>			
<b>Member:</b>	<b>Branch:</b>	<b>9/2018 - 12/2018</b>	<b>1/2019 - 4/2019</b>	<b>5/2019 - 8/2019</b>	<b>Total Mileage:</b>
Alex Wittnebel	Marion	2.50			2.50
Betty Leeland	Marion	3.00			3.00
Chris Mills	HGN	2.00			2.00
Cindy Kettelkamp	Marion	1.44			1.44
Danielle Kunde	HGN	0.28	0.42		0.70
Deb Skelton	Marion		5.00		5.00
Devin Riden	HGN	3.00			3.00
Donna Butikofer	HGN	11.42	1.28		12.70
Ellery Smith	HGN		0.88		0.88
Frances Siddique	HGN	2.50			2.50
Greg Wittnebel	Marion	0.11			0.11
Heidi Gentry	Stoney	0.11			0.11
Jan Blum	Stoney		3.00		3.00
Jan Vauthrin	HGN	9.00			9.00
Jane Smerdon	Stoney	6.90	1.00		7.90
Janet Miersen	Marion	0.25			0.25
Jennifer Brennom	Marion	3.40			3.40
Jessica Hinke	HGN	7.00			7.00
Jill Louzek	Stoney		0.12		0.12
John Tedesco	Stoney	4.46			4.46
Julia Wittnebel	HGN	4.95	7.69		12.64
Karen Kopp	HGN		2.00		2.00
Margaret Debner	Marion		3.00		3.00
Mary Palmer	Marion		0.94		0.94
Matt Morrison	HGN	1.36			1.36
Molly Mulherin	Marion		0.51		0.51
Nick Gearhart	Marion	2.75			2.75

## 2018-19 Fitness Mileage Club

## SWIMMING

Pat Myers	HGN	3.33	4.44	7.77
Peter Wittnebel	Marion	1.85		1.85
Phil Lowder	Stoney	2.90	1.27	4.17
Roger Miersen	Marion	0.25		0.25
Shirley Redmond	Marion	3.52	5.31	8.83
Stan See	Stoney	3.00	3.00	6.00
Sue Stannard	HGN		0.50	0.50
Tim Long	Stoney	1.50		1.50



# 2018-19 Fitness Mileage Club

# WALKING

**Program Description:** After you workout, record your mileage to the nearest tenth of a mile on a Mileage Slip provided in the  
**Program Rewards: 400 miles or more = a T-shirt!**  
**Seasonal Challenge: 80 miles or more = a small prize!**

## Mileage from September 1, 2018 to August 31, 2019

### Walking totals as of dates:

**HGN:** 2/25/2019  
**Marion:** 2/24/2019  
**Stoney Point:** 3/1/2019  
**Mercy:** 2/26/2019

**Fall Fanatics**  
 Seasonal Challenge:  
**9/1 - 12/31/2018**

**Winter Warriors**  
 Seasonal Challenge:  
**1/1 - 4/30/2019**

**Summer Survivors**  
 Seasonal Challenge:  
**5/1 - 8/31/2019**

**T-Shirt Winners!**  
  
**Great Job!**

		Mileage:				
400 miles and up	Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
	Alice Kusserow	Mercy	612.30	248.70		861.00
	Char Baker	Mercy	512.00	287.00		799.00
	Danielle Kunde	HGN	444.75	232.50		677.25
	H. Keith Erickson	HGN	671.10	319.30		990.40
	Jean Erickson	Mercy	940.02	473.61		1413.63
	Jeanie Hartman	Mercy	316.20	90.70		406.90
	Mary VanDevender	Mercy	385.00	181.00		566.00
	Rick Hays	Stoney	460.00	126.00		586.00
	Roger Allen	Mercy	315.00	283.10		598.10
	Rose Hays	Stoney	445.00	133.00		578.00
	Rosemary Berckes	Mercy	389.00	260.00		649.00
	Susan Beck	Mercy	877.00	508.50		1385.50
	Terri Fritcher	HGN	324.00	129.50		453.50
	Tonya Braggs	HGN	377.50	196.00		573.50
						0.00
						0.00

150 to 399.9 miles						
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:	
Aleasha LeClere	HGN	151.30	25.00		176.30	
Bill Reif	HGN	178.00	61.50		239.50	
Carole Ungerer	HGN	146.00	10.00		156.00	
Cathy Misfeldt	Mercy	166.50	52.50		219.00	
Chris Mills	HGN	337.50	46.00		383.50	
Deb Skelton	Mercy	265.50	100.00		365.50	
Jan Vauthrin	HGN	246.00	119.00		365.00	
Jill Louzek	Stoney	115.00	43.00		158.00	
Joyce Steffen	HGN	166.00	84.75		250.75	
Julia Wittnebel	Marion	250.00	2.00		252.00	
Kaci Maire	HGN	152.00	128.25		280.25	
Lori Winborn	HGN	178.00	43.00		221.00	
Lorraine Dayton	Mercy	130.00	70.00		200.00	
Mary Anderson	HGN	140.00	60.00		200.00	
Pat Loukota	Mercy	188.50	122.00		310.50	
RL Mashek	Mercy	139.59	63.62		203.21	
Rita Burrell	HGN	170.50	63.00		233.50	
Sheryl Dolan	Marion	143.00	81.00		224.00	
Suzanne Halley	Mercy	121.50	48.75		170.25	
Tammy Hess	Mercy	271.55	115.80		387.35	
Tim Hartman	Mercy	258.40	79.30		337.70	
					0.00	
					0.00	

80 to 149.99 miles						
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:	
Amy Powers	Mercy	74.00	72.00		146.00	
Betty Mickes-Rowes	Stoney	100.00	30.00		130.00	
Bruce Frana	HGN	76.00	26.00		102.00	
Diane Pierson	Mercy	67.50	27.00		94.50	
Henry Keyes	Mercy	51.75	36.25		88.00	
Jennifer Brennom	Marion	138.10			138.10	
Ray Johnston	Mercy	133.00			133.00	
					0.00	
					0.00	



# 2018-19 Fitness Mileage Club

# WALKING

0 to 79.99 miles					
Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Aleasha LeClerc	HGN		5.00		5.00
Alissa Klinsky	HGN	16.89	2.84		19.73
Andrea Byroade	Marion		1.00		1.00
Ashley Lee	HGN		38.42		38.42
Betty Leeland	Marion	1.00			1.00
Bob Freese	Marion	22.10			22.10
Bonnie Pisarik	HGN	30.50	41.00		71.50
Carol Funke	HGN		1.50		1.50
Chris Lyon	HGN	2.00	1.00		3.00
Dan Spahn	HGN	55.00	11.00		66.00
Dave Stockwell	HGN		20.30		20.30
Devin Riden	HGN	9.00			9.00
Don Flynn	Mercy	18.28	11.40		29.68
Donna Boggs	HGN	3.00	22.00		25.00
Donna Butikofer	Mercy	30.00	12.00		42.00
Ellery Smith	HGN	19.00	16.50		35.50
Erik Lockwood	Marion	7.00			7.00
Fred Stieglitz	HGN	1.30			1.30
Heidi Gentry	HGN	20.00	4.00		24.00
Isaiah Smith	HGN	0.05			0.05
Jan Blum	Stoney	2.00			2.00
Jane Smerdon	Stoney	3.00			3.00
Janelle Wilcox	Mercy	25.95	44.23		70.18
Janet Miersen	Marion	23.75			23.75
Jeanne Tarkington	HGN	18.00			18.00
Jeff Swanson	HGN	42.75	16.80		59.55
Jenn Kinner	HGN	1.30			1.30
Jerry McCoy	Mercy		10.00		10.00
Jody Bernemann	HGN	15.85	4.20		20.05
John Tedesco	Stoney	15.54			15.54
Joshua Cander	HGN		1.00		1.00
Karen Kopp	HGN		2.50		2.50
Kathy Geers	Mercy	40.00	39.80		79.80
Kathy Loux	Mercy	10.00			10.00
Keith McBride	HGN		4.00		4.00
Laura Wheeler	Mercy		74.50		74.50
Linda McCoy	Mercy		13.50		13.50
Lisa Johnson	HGN	8.00			8.00
Loralee Walker	HGN		2.00		2.00
Lorna Reinecke	HGN	48.25	21.00		69.25
Lucy Young	HGN	3.12			3.12
Margaret Debner	Mercy		13.50		13.50
Melissa Brockes	Mercy	36.50	5.50		42.00
Melissa McBride	HGN	35.00	30.00		65.00
Mike Jeffers	Stoney	25.20			25.20
Nancy Geiger	HGN		2.61		2.61
Nancy Raue	HGN	39.00	24.00		63.00
Patrick Regan	HGN	38.50			38.50
Robin Durain	Mercy	14.68	2.00		16.68
Roger Miersen	Marion	23.75			23.75
Samantha Johnson	HGN	5.95			5.95
Sheileigh	Marion	3.00			3.00
Shirley Redmond	Mercy		25.50		25.50
Stan See	Mercy	12.60	11.00		23.60
Sue Stannard	HGN	2.00	1.50		3.50
Susan Anderson	Mercy	23.25	4.25		27.50
Tina Jeffers	Stoney	23.50			23.50
Tim Boher	HGN		9.00		9.00
Tim Long	Stoney	45.00			45.00
Vicki See	Stoney	51.25	26.45		77.70
					0.00
					0.00
					0.00

# 2018-19 Fitness Mileage Club

# X-TRAINING

**Program Description:** After you workout, record your mileage to the nearest tenth of a mile on a Mileage Slip provided in the  
**Program Rewards: 400 miles or more = a T-shirt!**  
**Seasonal Challenge: 80 miles or more = a small prize!**

## Mileage from September 1, 2018 to August 31, 2019

### X-Training totals as of dates:

**HGN:** 2/25/2019  
**Marion:** 2/24/2019  
**Stoney Point:** 3/1/2019  
**Mercy:** 2/26/2019

**Fall Fanatics**  
 Seasonal Challenge:  
**9/1 - 12/31/2018**

**Winter Warriors**  
 Seasonal Challenge:  
**1/1 - 4/30/2019**

**Summer Survivors**  
 Seasonal Challenge:  
**5/1 - 8/31/2019**

**T-Shirt Winners!**  
**Great Job!**

### 400 miles and up Mileage:

Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Hal Garwood	HGN	313.00	252.00		565.00
Jim Patterson	HGN	350.00	150.00		500.00
Keith McBride	HGN	348.00	196.00		544.00
Scott Lindsley	Mercy	478.70	189.80		668.50
Tonya Braggs	HGN	263.75	141.40		405.15
					0.00
					0.00
					0.00

### 150 to 399.9 miles Mileage:

Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Marcia Reilly	Mercy	233.41	107.84		341.25
Samantha Johnson	HGN	198.31	74.10		272.41
					0.00
					0.00
					0.00

### 50 to 149.9 miles Mileage:

Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Aleasha LeClere	HGN	46.75	31.45		78.20
Bob Freese	Marion	9.00	55.00		64.00
Fred Stieglitz	HGN	85.24	26.60		111.84
Henry Keyes	Mercy	43.25	48.25		91.50
Jim Bernstein	HGN	83.00	29.80		112.80
Sheryl Dolan	Marion	48.00	43.25		91.25
					0.00
					0.00

### 0 to 49.9 miles Mileage:

Member:	Branch:	9/2018 - 12/2018	1/2019 - 4/2019	5/2019 - 8/2019	Total Mileage:
Alissa Klinsky	HGN	12.49	3.14		15.63
Ashley Lee	HGN		1.50		1.50
Chris Mills	HGN		1.50		1.50
Cindy Kettelkamp	Marion	7.75			7.75
Connie Bird	Mercy	35.00			35.00
Connie Colby	Mercy		4.50		4.50
Danielle Kunde	HGN	2.00			2.00
David Swailes	HGN		3.00		3.00
Devin Riden	HGN	9.00			9.00
Don Overbaugh	HGN	8.00			8.00
Donna Butikofer	HGN		5.00		5.00
Glenn Ungerer	HGN	8.00			8.00
Jennifer Brennom	Marion	48.00			48.00
Jerry McCoy	Mercy		8.75		8.75
Jessica Hinke	HGN	7.00	2.70		9.70
Kaci Maire	Stoney	8.00	7.00		15.00
Laura Wheeler	Mercy		3.75		3.75
Linda McCoy	Mercy		9.00		9.00
Lisa Dighton	Marion	6.00	1.75		7.75
Lorna Reinecke	Mercy	9.75	2.50		12.25
Margaret Debner	Mercy		1.50		1.50
Margie Rigel	Mercy	4.75			4.75
Mike Jeffers	HGN	41.50			41.50
Nancy Pruin	Marion		2.60		2.60

## 2018-19 Fitness Mileage Club

## X-TRAINING

Patrick Ragan	HGN	1.00			1.00
Robin Durain	Mercy	12.50			12.50
Roger Anderson	Mercy	6.00			6.00
Rosemary Berckes	Mercy	30.00	18.00		48.00
Shirley Redmond	Mercy		6.00		6.00
Sue Stannard	HGN	6.50	15.00		21.50
Susan Anderson	Mercy	6.25	3.00		9.25
Tina Jeffers	HGN	3.50			3.50
					0.00
					0.00

