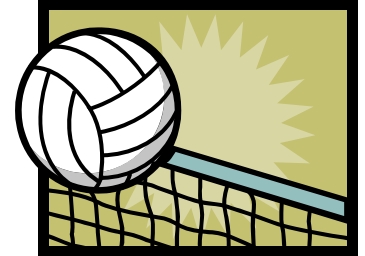


<b><u>MONDAY</u></b> 5:30 – 11 a.m. 11:30 a.m. – 1:30 p.m. 1:30 – 10 p.m.	<b><u>GYM 1</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym	<b><u>GYM 2</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym	<b><u>GYM 3</u></b> Family/Adult <i>*OpenVolleyball (Members Only)</i> Open Gym <b><u>5-6 PM</u></b> <b><u>Youth Volleyball</u></b>
<b><u>TUESDAY</u></b> 5:30 – 11 a.m. 11:30 a.m. – 1:30 p.m. 1:30 – 6:15 p.m. 6:15 – 10 p.m.	<b><u>GYM 1</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym Open Gym Open Gym	<b><u>GYM 2</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym <b><u>Adult Basketball League</u></b>	<b><u>GYM 3</u></b> Family/Adult <i>*OpenVolleyball (Members Only)</i> Open Gym <b><u>Adult Basketball League</u></b>
<b><u>WEDNESDAY</u></b> 5:30 – 11 a.m. 11:30 a.m. – 1:30 p.m. 1:30 – 10 p.m.	<b><u>GYM 1</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym	<b><u>GYM 2</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym	<b><u>GYM 3</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym <b><u>5-6 PM</u></b> <b><u>Youth Volleyball</u></b>
<b><u>THURSDAY</u></b> 5:30 – 11 a.m. 11:30 a.m. – 1:30 p.m. 1:30 – 10 p.m.	<b><u>GYM 1</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym	<b><u>GYM 2</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym	<b><u>GYM 3</u></b> Family/Adult <i>*OpenVolleyball (Members Only)</i> Open Gym
<b><u>FRIDAY</u></b> 5:30 – 11 a.m. 11:30 a.m. – 1:30 p.m. 1:30 – 9 p.m.	<b><u>GYM 1</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym	<b><u>GYM 2</u></b> Family/Adult <i>*Adult Open (Members Only)</i> Open Gym	<b><u>GYM 3</u></b> Family/Adult <i>*OpenVolleyball (Members Only)</i> Open Gym
<b><u>SATURDAY</u></b> 7 am - Noon Noon – 6 p.m.	<b><u>GYM 1</u></b> Family Gym Open Gym	<b><u>GYM 2</u></b> Family Gym Open Gym	<b><u>GYM 3</u></b> Family Gym Open Gym
<b><u>SUNDAY</u></b> Noon – 5 p.m.	<b><u>GYM 1</u></b> Open Gym	<b><u>GYM 2</u></b> Open Gym	<b><u>GYM 3</u></b> Open Gym

## Helen G. Nassif YMCA Gym Schedule September 2010



Courts may be reserved for YMCA programs if needed at anytime.

Signs will be posted for advanced notice of YMCA programs.

- One gym will be open at all times, unless it is needed for a YMCA Program.
- If there is only one gym open, there will be NO full-court pick-up basketball games allowed.
- Please call ahead to verify the schedule. We will update it as conflicts arise.

**Youth Volleyball will start on Wednesday, September 8 and will run on Court 3 Monday & Wednesday from 5:00 – 6:00 PM**