

YMCA Annual Support Campaign Pledge Form

Name _____

Address _____

City _____

State _____ Zip _____

Home Ph _____

Work Ph _____

Email _____

Formal Name(s) for Recognition _____

YMCA Annual Support Campaign Pledge Amount

- \$50 \$100 \$250
 \$500 \$1000 \$5000
 Other _____

My balance will be paid by

- Check enclosed (payable to the Cedar Rapids Metro YMCA)
 Bill at once
 Remind me during the month of _____
 Visa or Mastercard

Card Number _____

Expiration Date _____

Mail To

Cedar Rapids Metro YMCA
 Attn: Director of Development
 207 7th Ave SE
 Cedar Rapids, IA 52401

Annual Support Campaign
 every ONE counts

If you'd like more information, please contact Cally Murray at murray@crmetroymca.org or 319.366.6421.

Financial assistance keeps the Y available for kids and families who need us most. We count on the generosity of our members and community to help people of all ages and from all walks of life be more healthy, confident, connected and secure. When you give to the Y, your gift will have a meaningful, enduring impact right in your own neighborhood.

The Y is the unparalleled cause for strengthening community because we are the community. We are a powerful association of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering the sense of social responsibility.

We believe that lasting personal and social change can only come about when we all work together to invest in our kids, our health and our neighbors. That's why, at the Y, strengthening community is our cause. Every day we work side by side with our neighbors in our community to make sure that everyone, regardless of age, income or background has the opportunity to learn, grow and thrive.

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 a YMCA Initiative



YMCA OF THE CEDAR RAPIDS METRO AREA
 207 7th Ave SE
 Cedar Rapids, IA 52401
www.crmetroymca.org



FOR YOUTH DEVELOPMENT
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

**TURN
 YOUR
 GIFT
 INTO...**





THEIR POTENTIAL

Because we believe that all kids deserve the opportunity to discover who they are and what they can achieve, the Y is for Youth Development. Through the Y, millions of youth are cultivating the values, skills and relationships that lead to positive behaviors, better health and educational achievement. Y activities give our children the opportunity to become confident kids today and healthier, happier grown-ups tomorrow.

THEIR HEALTH

Improving the nation's health and well-being is a priority for the Y. At the Y, we help children and adults understand and value their health, and we nurture their well-being. We offer resources and guidance to maintain or improve physical activity, health and wellness. The Y brings families closer together, encourages good health and fosters connections through fitness, sports, fun and shared interests. As a result youth, adults and families are receiving the support, guidance and resources needed to achieve greater health and well-being for their spirit, mind and body.



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THEIR FUTURE

At the Y, strengthening community is our cause. The Y has been listening and responding to our communities' most critical needs for more than 140 years. Whether developing skills or emotional well-being, welcoming and connecting diverse populations or advocating for healthier communities, the Y fosters the care and respect all people need and deserve.

Across America, our staff and volunteers are kids, parents, grandparents, neighbors and a local leaders who are all personally committed to understanding what our neighborhoods need. Together we can build stronger, more inclusive communities, provide support for families and promote positive change overall.



SUPPORT THE Y STRENGTHEN YOUR COMMUNITY

The Y uses your gift to make a meaningful, enduring impact right in your own neighborhood.

- \$1000** a family joins the Y and visits weekly with their kids spending needed quality time together
- \$399** a child can gain new skills and confidence at 1 week at YMCA Camp Wapsie
- \$250** a grandmother raising her daughter's child can receive 1 month of subsidized before and after school care
- \$50** a child can develop skills they need to be safe and secure in the water

To become a part of something great or to make a gift, visit crmetroymca.org or call 319.366.6421.